



North Warren Jr. Sr. High School Guidance Office
 6110 State Route 8
 Chestertown, NY 12817
 (518) 494-3015 ext. 752
 abombard@northwarrencsd.org

August, 2021

To the Class of 2025:

Dear Freshman Students and Parents,

My name is Adam Bombard, and I am the new school counselor here at North Warren. I will be working with students in grades 7-12. Congratulations on starting your first year in High School! I am looking forward to having the opportunity to work with you for your high school experience. It's very important to emphasize how important this year will be in determining your future college and career options, as well as eligibility for scholarships. All work performed this year will become a permanent part of your grades and student transcript for high school. Whether your plans after graduation from high school include college or career, it is very important to choose your high school academics and activities carefully. This letter is intended to help provide you with information to make the transition to high school a little bit easier. Listed below are the graduation requirements for the Class of 2025:

NWCS GRADUATION REQUIREMENTS

(Subject to change based on New York State Board of Regents Approval)

REGENTS DIPLOMA		ADVANCED REGENTS	
<i>Required Courses</i>	<i>Credits</i>	<i>Required Courses</i>	<i>Credits</i>
English	4	English	4
Social Studies	4	Social Studies	4
Math	3	Math	3
Science	3	Science	3
Foreign Language	1	Foreign Language	3 *
Art/Music	1	Art/Music	1
Health	.5	Health	.5
Physical Education	2	Physical Education	2
Electives	3.5	Electives	1.5
<i>Total Required Credits</i>	<i>22</i>	<i>Total Required Credits</i>	<i>22</i>

(*) Students who earn a 5 unit sequence in Art, Music, Business, Technology, or a CTE Program may be exempt from this requirement.

Required Regents Exams * <i>(grade of 65 or better required)</i>	Required Regents Exams * <i>(grade of 65 or better required)</i>
ELA (<i>Common Core</i>) (grade 11)	ELA (<i>Common Core</i>) (grade 11)
Algebra I (<i>Common Core</i>)	Algebra I (<i>Common Core</i>) Geometry (<i>Common Core</i>) Algebra II (<i>Common Core</i>)
Global Studies (grade 10)	Global Studies (grade 10)
U.S. History (grade 11)	U.S. History (grade 11)
Science	2 Science Exams

(*) The Regents Diploma with Honors requires an average of a 90 for the 5 exams, while the Advanced Regents Diploma with Honors requires an average of 90 for the 8 exams

A Mastery in Science and/or Math designation requires a score of 85 or greater for each of the 3 exams in each discipline.



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Freshman High School Planning: 2021-2022
Just a few important reminders for this year

1. Visit your **Guidance Grade 9 – Class of 2025** Google Classroom often:
 - Be sure to use this as a reference for important updates and information!
 - Schedule a visit to the Guidance Office during Study Hall or PE times; Remember, you are welcome at any time *with an approved appointment*.
 - There will be times when you will be contacted to come to guidance
2. Remember critical Study Skills
 - Organization
 - Time Management (make effective use of your schedule & stress)
 - Study Area at Home (quiet, free of distractions, comfortable, well-lit)
 - Chromebook / Planner (Use them!)
 - Study even when you don't have "homework"
 - Don't be afraid to ask for help
 - <http://www.how-to-study.com/>
3. How to request homework when you are sick
 - Set up a homework buddy who can get your assignments for you
 - Otherwise, have your parent call the guidance office or high school office to request it
4. Seek assistance from teachers if you are struggling with coursework.
 - Make arrangements with your teacher for extra assistance as needed.
 - Use your Study Hall as effectively as possible, and use extra time wisely.
5. Credits for Graduation
 - All courses taken this year will appear on your permanent transcript
 - If you pass all courses scheduled each high school year, you will graduate on time with sufficient credits
6. Check out Career Options for your future
 - Every North Warren Student has a profile at www.choices360.com. Check out the Career Planning option!
 - Take time to understand your interests, skills, and values about the world of work.
7. Get involved at NWCS! (Clubs, Organizations, Sports, *when available*)
 - A.V. Club
 - Foreign Language Club
 - Interact Club
 - SADD
 - Student Council
 - Baseball
 - Basketball
 - Bowling
 - Soccer
 - Softball
 - Tennis
 - XC & XC Ski



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8. Community Service – Giving back to our community builds better relationships, higher self-esteem and an improved culture overall. As a job preparation and self-discovery skill, community service opportunities can benefit you greatly. The North Warren Community Service Graduation requirement is a total of 20 service hours over a period of four years, which will be recorded both on your transcript and transcript addendum.
9. In September of 2011, North Warren implemented the Olweus Bullying Prevention Program. During the 2020-2021 school year, this program, in conjunction with the Cougar Code of Conduct, will continue to help ensure that North Warren continues to be compliant with the Dignity for All Students Act. Further, during this trans-COVID time, we will also include elements of student and staff support as all transition back to in-person instruction.

The transition from Middle to High School is the start of an exciting time of preparation for the future. This is an exciting time of preparation for your future. Having a balance between academics, athletics, extracurricular activities and personal time to simply do what you want to do is very important. I would like to encourage all students and parents to feel free to contact me with any questions that you may have, in order to get the most out of this experience that you can. If you have any questions or concerns, please contact me at 494-3015 ext. 752, or via email at abombard@northwarrencsd.org. It is my hope that you enjoy what is left of summer, and are getting ready for a great year ahead! I look forward to working with you in September!

Adam Bombard
7-12 School Counselor

Career Exploration

Mapping Your Future: mappingyourfuture.org/planyourcareer/careership/

Choices 360: www.Choices360.com

1. Enter your Username and Password
2. If you can't remember them, you can click on > *Forgot Your Username or Password?* (or contact Mr. Bombard for assistance.)

From the **Career Planning** tab, try one of the 7 assessments to learn more about yourself. This is the best place to start when choosing the right career for you. Also, be sure to check out the **College Planning** section for great ideas about choosing the right fit school for you!



 **Students and Parents:**
Need help while at home during the COVID-19 school closures? We have [resources to help](#).

Sign In

Your 4 digit lunch code followed by your last name (9999Smith)

Password you already created. For help please see Mr. Bombard

Sign In

[Forgot your username or password?](#)
[Create an Account](#)