



**North Warren Jr. Sr. High School Guidance Office**  
6110 State Route 8  
Chestertown, NY 12817  
(518) 494-3015 ext. 757  
abombard@northwarrencsd.org

August, 2021

To the Class of 2026:

Dear 8<sup>th</sup> Grade Students and Parents,

My name is Adam Bombard, and I am the new school counselor here at North Warren. I will be working with students in grades 7-12. Congratulations on starting your last year of Junior High School! I am looking forward to having the opportunity to work with you this year. In the year to come, you will have a chance to learn more about your interests, skills and values about the world of work and how those will help you choose future career plans.

Whether your plans after graduation from high school include college, career or technical training, it's very important to choose your courses and activities carefully. It's very important to emphasize that this year's foreign language, and/or advanced math grades will actually be included in your high school transcript, which will be sent to any colleges you choose to apply to during your senior year.

Student class schedules for 2021-2022 will be available on the SchoolTool Student and Parent Portals on August 31st. Students will also receive a physical copy of their schedule in their HomeBase on the first day of school.

### **Junior High School Tips for Planning: 2021-2022** *Just a few important reminders for this year*

1. Visit your **Guidance Grade 8 - Class of 2026** Google Classroom often:
  - Be sure to use this as a reference for important updates and information!
  - Schedule a visit to the Guidance Office during Study Hall or PE times; Remember, you are welcome at any time **with an approved appointment**.
  - There will be times when you will be contacted to come to the guidance office.
2. Remember critical Study Skills
  - Organization
  - Time Management (make effective use of your schedule & manage stress)
  - Study Area at Home (quiet, free of distractions, comfortable, well-lit)
  - Planner (Use it!)
  - Take notes (Will reinforce what happens in class!)
  - Study even when you don't have "homework"
  - Don't be afraid to ask for help
  - Make arrangements with your teacher for extra assistance as needed
  - Check out <http://www.how-to-study.com/> for more helpful tips!
3. Get involved at NWCS! (Clubs, Organizations, Sports, *when available*)
  - A.V. Club
  - Foreign Language Club
  - Interact Club
  - SADD



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- Student Council
  - Baseball
  - Basketball
  - Bowling
  - Soccer
  - Softball
  - Tennis
  - XC & XC Ski
4. Stay involved!
- **Please sign up for the Schooltool Parent Portal to access online updates for your student assignments and grades:** <http://www.northwarren.k12.ny.us/Parents/Docs/ParentPortalGuide.pdf>
  - Students are reminded and encouraged to use their Student Portals to access their grades and assignment information.
  - Please keep in touch with your student's teachers via email, to identify and address any concerns in a timely manner.
5. In September of 2011, North Warren implemented the Olweus Bullying Prevention Program. During the 2021-2022 school year, this program, in conjunction with the Cougar Code of Conduct, will continue to help ensure that North Warren continues to be compliant with the Dignity for All Students Act. Further, during this trans-COVID time, we will also include elements of student and staff support as all transition back to in-person instruction.

### **TIPS For Making Your 7<sup>th</sup> Grade Classes Count**

- **Sit close to the front** of the classroom when possible.
- **Join in** class discussions.
- **Ask questions!** If you don't understand something, chances are others in the class don't understand either.
- **Keep up** with class assignments. Finish them before they're due.
- Look for ways to **sharpen your basic skills** in each class. You can practice your writing skills in history, your algebra skills in science, and your math and science skills in vocational education classes.
- Learn to **proofread, correct, and rewrite** your written work.
- **Develop test-taking skills.** Your counselor and teachers can show you how to get started.
- Plan a daily homework schedule and stick to it. Do more than is required.
- Ask your family or friends to read your written work. And ask them for help if you're having trouble at school.
- Look up words you don't know. Then use your new words in writing and speaking.
- Talk with your family about career plans and what you want to do in the future.

Sources: <http://mappingyourfuture.org/Downloads/MHSCStudents.pdf>  
<http://mappingyourfuture.org/collegeprep/afterschool.cfm>



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The 8<sup>th</sup> grade school year marks a big transition from Junior High to High School. This is an exciting time of preparation for your future. Having a balance between academics, athletics, extracurricular activities and personal time to simply do what you want to do is very important. I would like to encourage all students and parents to feel free to contact me with any questions that you may have, in order to get the most out of this experience that you can. If you have any questions or concerns, please contact me at 494-3015 ext. 752, or via email at [abombard@northwarrencsd.org](mailto:abombard@northwarrencsd.org). It is my hope that you enjoy what is left of summer, and are getting ready for a great year ahead! I look forward to working with you in September!

Adam Bombard  
7-12 School Counselor

## Career Exploration

It's never too early to think about future career and planning options! Check out the following resources for some free time exploration!

**Mapping Your Future:** [mappingyourfuture.org/planyourcareer/careership/](http://mappingyourfuture.org/planyourcareer/careership/)

**Choices 360:** [www.Choices360.com](http://www.Choices360.com)

1. Enter your Username and Password
2. If you can't remember them, you can click on [> Forgot Your Username or Password?](#) (or contact Mr. Bombard for assistance.)

From the **Career Planning** tab, try one of the 7 assessments to learn more about yourself. This is the best place to start when choosing the right career for you. Also, be sure to check out the **College Planning** section for great ideas about choosing the right fit school for you!



**Students and Parents:**

Need help while at home during the COVID-19 school closures? We have resources to help.

### Sign In

Your 4 digit lunch code followed by your last name (9999Smith)

Password you already created. For help please see Mr. Bombard

Sign In

[Forgot your username or password?](#)

[Create an Account](#)