



**North Warren Jr. Sr. High School Guidance Office**  
6110 State Route 8  
Chestertown, NY 12817  
(518) 494-3015 ext. 757

August, 2021

To the Class of 2027:

Dear 7<sup>th</sup> Grade Students and Parents,

My name is Adam Bombard, and I am the new school counselor here at North Warren. I will be working with students in grades 7-12. Congratulations on starting your Junior High School experience! The transition from elementary to junior high school can be both a time of excitement as well as concern. I am looking forward to having the opportunity to work with you as you navigate this new and uncharted territory. In the year to come you will have a chance to learn more about yourself and the things that are most important to you.

Your schedule for 2021-2022 will be available for pick-up, along with your 7th grade packet, on Friday, August 27th from 9am-1pm at the main entrance of the building. If you are unable to pick up your packet during that time frame, please call the Guidance Office at 518-494-3015, Ext. 757. We are excited to officially welcome you to Middle School!

**Junior High School Tips for Planning: 2021-2022**  
*Just a few important reminders for this year*

1. Visit your **Guidance Grade 7 – Class of 2027** Google Classroom often:
  - Be sure to use this as a reference for important updates and information!
  - Schedule a visit to the Guidance Office during Study Hall or PE times; Remember, you are welcome at any time *with an approved appointment*.
  - There will be times when you will be contacted to come to the guidance office.
  
2. Remember critical Study Skills
  - Organization
  - Time Management (make effective use of your schedule & manage stress)
  - Study Area at Home (quiet, free of distractions, comfortable, well-lit)
  - Planner (Use it!)
  - Take notes (Will reinforce what happens in class!)
  - Study even when you don't have "homework"
  - Don't be afraid to ask for help
  - Make arrangements with your teacher for extra assistance as needed
  - Check out <http://www.how-to-study.com/> for more helpful tips!
  
3. Get involved at NWCS! (Clubs, Organizations, Sports, *when available*)
  - A.V. Club
  - Foreign Language Club
  - Interact Club
  - SADD
  - Student Council
  - Baseball
  - Basketball
  - Bowling
  - Soccer
  - Softball



**North Warren Jr. Sr. High School Guidance Office**  
6110 State Route 8  
Chestertown, NY 12817  
(518) 494-3015 ext. 757

- Tennis
  - XC & XC Ski
4. Stay involved!
- **Please sign up for the Schooltool Parent Portal to access online updates for your student assignments and grades:** <http://www.northwarren.k12.ny.us/Parents/Docs/ParentPortalGuide.pdf>
  - Students are reminded and encouraged to use their Student Portals to access their grades and assignment information.
  - Please keep in touch with your student's teachers via email, to identify and address any concerns in a timely manner.
5. In September of 2011, North Warren implemented the Olweus Bullying Prevention Program. During the 2021-2022 school year, this program, in conjunction with the Cougar Code of Conduct, will continue to help ensure that North Warren continues to be compliant with the Dignity for All Students Act. Further, during this trans-COVID time, we will also include elements of student and staff support as all transition back to in-person instruction.

### **TIPS For Making Your 7<sup>th</sup> Grade Classes Count**

- **Sit close to the front** of the classroom when possible.
- **Join in** class discussions.
- **Ask questions!** If you don't understand something, chances are others in the class don't understand either.
- **Keep up** with class assignments. Finish them before they're due.
- Look for ways to **sharpen your basic skills** in each class. You can practice your writing skills in history, your algebra skills in science, and your math and science skills in vocational education classes.
- Learn to **proofread, correct, and rewrite** your written work.
- **Develop test-taking skills.** Your counselor and teachers can show you how to get started.
- Plan a daily homework schedule and stick to it. Do more than is required.
- Ask your family or friends to read your written work. And ask them for help if you're having trouble at school.
- Look up words you don't know. Then use your new words in writing and speaking.
- Talk with your family about career plans and what you want to do in the future.

Sources: <http://mappingyourfuture.org/Downloads/MHSCStudents.pdf>  
<http://mappingyourfuture.org/collegeprep/afterschool.cfm>

The 7<sup>th</sup> grade school year is the start of your transition to Junior High School. This is an exciting milestone along the journey of many more exciting ones to come. I would like to encourage all students and parents to feel free to contact me with any questions that you may have in order to get the most out of your 7<sup>th</sup> grade experience.

If you have any questions or concerns, please feel free to contact me at 494-3015 ext. 752, or via email at [abombard@northwarrencsd.org](mailto:abombard@northwarrencsd.org). I am looking forward to working with you in September!

Adam Bombard  
7-12 School Counselor